

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

AMBRAY

Dish of the day
Butchers sausage
sulphites
may contain dairy, mustard, soya,
celery

served with creamy mashed potato caramelized red onion sauce

Vegetarian dish of the day
Quorn sausage toad in the hole
gluten, egg, dairy.

Sides Mashed potato Garden peas

Dessert

Apple crumble & custard
gluten, dairy

Dish of the day

Chicken thigh topped with bacon, cheese & BBQ sauce dairy

Vegetarian dish of the day
Sweet potato, caramelised red
onion & feta bake
dairy

Sides Green beans New potatoes

Dessert
Lemon drizzle flapjack
gluten

Dish of the day
Honey glazed roast gammon

Vegetarian dish of the day
Roasted root vegetable pie
gluten

Sides

Lemon & thyme roast potatoes

Glazed carrots

Dessert
Golden syrup pudding & custard
gluten, egg, dairy

Dish of the day Beef moussaka dairy

Vegetarian dish of the day Green lentil moussaka dairy

> Sides Sweetcorn Garlic bread. gluten

Dessert
Rice pudding with jam Sauce
dairy

Chip Shop
Jumbo fish finger
gluten, fish

Vegetarian dish of the day Homemade vegetable burger with salad. gluten

> Sides Chips Baked beans

Dessert
Ice cream
dairy

For allergen information, please ask a member of the team.



MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Dish of the day
Traditional beef bolognaise
gluten, dairy

Vegetarian dish of the day Classic aubergine parmigiana dairy

Sides
Garden peas
Penne pasta
Garlic bread.
gluten

Dessert
Chocolate sponge with chocolate
sauce
gluten, dairy, egg

Dish of the day

Chilli beef wrap with soured cream & cheese gluten, dairy

Vegetarian dish of the day
Quorn chilli, refried beans, soured
cream & cheese
gluten, dairy

Sides
Sweetcorn
Red rice

Dessert
Chocolate rice crispy cake.
gluten, soya

Dish of the day

Pulled shoulder of pork served with apple sauce & stuffing.

gluten

Vegetarian dish of the day
Mushroom, green lentil & spinach
wellington.
gluten

Sides
Sage & onion roast potatoes
Roasted carrots

Dessert
Ginger cake
gluten, egg

Dish of the day
Chicken korma with mango
chutney
dairy

Vegetarian dish of the day Roasted cauliflower dhansak

Sides
Steamed rice
Green beans
Naan bread.
gluten

Dessert
Pancakes, cream & compote.
gluten

Chip Shop
Jumbo fish finger
gluten, fish

Vegetarian dish of The day
Homemade onion bhajis served in
a folded naan bread with salad &
yoghurt
gluten, dairy

Sides Chips Baked beans

Desserts
Ice cream.
dairy

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MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY

Dish of the day

Char grilled beef burger served in a bun with cheese gluten, dairy

Vegetarian dish of the day

Black bean & nacho burger served in a bap with cheese.

gluten, dairy

Sides

Roasted potato wedges Steamed sweetcorn

Dessert

Rhubarb crumble and custard. gluten, dairy

Dish of the day

Chicken & bacon carbonara g<mark>luten, dairy</mark>

Vegetarian dish of the day

Falafel wrap served with salad & minted yoghurt gluten, dairy

Sides

Garlic bread.

gluten

Garden peas

Dessert

Jam & coconut sponge and custard.

gluten, dairy, egg

Dish of the day

Roast chicken thigh served with stuffing & gravy

gluten

Vegetarian dish of the day
Vegetable hot pot

Sides

Green beans Roast potatoes

Dessert
Jam doughnut
gluten

Dish of the day

Szechuan pork stir fry soya, sesame

Vegetarian dish of the day

Salt & pepper tofu with bok choi soya, sesame

Sides

Egg fried rice.

egg

Five spice roasted carrots

Dessert

Chocolate & caramel brownie. gluten, dairy, egg, soya

Chip Shop

Jumbo fish finger gluten, fish

Vegetarian dish of The day

Home made falafel burger served in a bun with hummus, tomato & lettuce.

gluten

Sides

Chips Baked beans

Dessert
Ice Cream.
dairy

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